

Books for Parents and Professionals:

Getting Ahead of ADHD: What next generation science says about treatments that work and how they can work for your child. Joel T. Nigg, The Guilford Press, 2017.

Books for Parents of Elementary School Children:

Mindful Parenting for ADHD, Mark, Bertin, MD, New Harbinger Publications, 2015.

Taking Charge of ADHD, The Complete Authoritative Guide for Parents, Russell A. Barkley, Ph.D., The Guilford Press, 1995.

The ADHD Family Solution, Mark Bertin, MD, Palgrave MacMillan, 2011.

Your Kid Has ADHD Now What?, Janette M. Schaub, Ph.D., Beaver's Pond Press, 1998.

Late, Lost and Unprepared, A Parents' Guide to Helping Children with Executive Functioning, Joyce Cooper-Kahn, PhD & Laurie Dietzel, PhD, Woodbine Press, 2008.

Smart but Scattered, Peg Dawson, EdD, Richard Guare, PhD, The Guilford Press, 2009.

Books for the Elementary School Child:

All Dogs have ADHD, Kathy Hooperman, 2008.

Putting on the Brakes Activity Book for Kids with ADD or ADHD, Patricia O. Quinn and Judith M. Stern, 2009.

Journal of an ADHD Kid, the good, the bad and the useful, Tobias Stumpf with Dawn Schaefer Stumpf, The American Woodbine House, inc, 2014.

Books for Parents of Adolescents and Young Adults:

The Mindfulness Prescription for Adult ADHD, Lidia Zylowska, MD, Trumppeter, 2012.

Succeeding with Adult ADHD, Daily Strategies to Help You Achieve Your Goals and Manage Your Life, Abigail Levrini, PhD and Frances Prevatt, PhD, American Psychological Association, Washington, DC 2012.

AD/HD & Driving, A Guide for Parents of Teens with AD/HD, Marlene Snyder, Ph.D., Whitefish Consultants, 2001.

Smart but Scattered Teens, Richard Guare PhD, Peg Dawson, EdD, Colin Guare, The Guilford Press, 2013.

Ready for Take-Off: Preparing Your Teen with ADHD or LD for College, Theresa E. Laurie Maitland, PhD and Patricia O. Quinn, MD, 2010.

Additional Resources:

<https://www.understood.org/>

<https://www.adhdchildhood.com/>

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) <https://chadd.org/>

ADDitude, The healthy, happy lifestyle magazine for people with ADD

<https://www.additudemag.com/>

Web site of Dr. Russell Barkley. Terrific resource for research. <http://russellbarkley.org/>

Web site of Dr. Sam Goldstein. Great resource for parents and teachers. <http://samgoldstein.com/>