



## **SUCROSE 24% SOLUTION (SWEET-EASE®)**

### **How does this work?**

24% sucrose is **not** a medicine; it is another name for sugar water. Sucrose is considered a food product, and does not require a prescription. It can be given to babies before a painful procedure. When given to babies 12 months or younger, evidence shows it can provide pain relief during procedures such as needle pokes for lab draws, IV starts or vaccinations. When combined with comfort positioning and distraction, it reduces the amount of pain or discomfort felt by the child.

### **How do I prepare my child?**

Ask the nurse or lab associate for sucrose before the procedure. Sucrose works best when given 1-2 minutes before the actual needle poke or other procedures. You can use sucrose even if your child is not allowed to have anything to eat or drink before their procedure. Sucrose will not affect that or any blood results.

### **How should I give the sucrose?**

Sucrose is not swallowed; it is absorbed in your baby's mouth. To give sucrose to your baby, squeeze it out onto a pacifier, or squirt it into the side of your baby's cheek.

### **Are there any side effects?**

If used as directed, sucrose does not have any side effects. It is safe to use for all babies 12 months and younger, except babies who are premature, and with low birth weight, and unstable sugar levels.

### **When should I call the clinic?**

If you are worried about using sucrose with your baby, call the clinic for recommendations.

### **What else do I need to know?**

You **do not need a prescription** for sucrose. It is not a medication.

### **Questions?**

This sheet is not specific to your child, but provides general information. If you have any questions, please call the clinic.