



TEEN RESOURCES: A Guide for Teens and their Families

While South Lake Pediatrics strongly encourages open communication among families regarding teen health care issues, we acknowledge that other issues may arise. All of the following services in the area are available to teens and young adults at low or no cost and are confidential.

- Birth control, including emergency contraception
- STD testing & management, including HIV testing
- Pregnancy testing & support
- Education & counseling
- Teen parent support
- Date rape & sexual abuse support

The Annex Teen Clinic www.annexteenclinic.org

4915 42nd Avenue

Robbinsdale, MN 55442

763-533-1316

Hours: Mon 1-5 pm; Tues 1-8:30 pm; Wed & Thurs 1-7 pm; Fri 11am-4 pm

West Suburban Teen Clinic www.westsuburbanteenclinic.org

478 2nd Street

Excelsior, MN 55331

952-474-3251

Hours: Mon, Thurs, & Fri 12-5 pm; Tues 12-8 pm; Wed 10 am-8 pm; Sat 10 am-2 pm

TAMS (Teenage Medical Services) www.childrensmn.org

Minneapolis Children's Medical Center

2425 Chicago Avenue South

Minneapolis, MN 55404

612-813-6125

Hours: Mon – Fri 9 am-5 pm; Wed 9 am-9 pm

- **The Annex, West Suburban Teen Clinic, & TAMS mutual website:**
www.teenhealth411.org recommended website for up-to-date information on adolescent health, available resources and services

Planned Parenthood www.plannedparenthood.org/mn-nd-sd/

1200 Lagoon Ave.

Minneapolis, MN

612-823-6300

6900 78th Ave. North, #103

Brooklyn Park, MN

612-560-3050

582 Prairie Center Dr., #215

Eden Prairie, MN

952-653-4499

- See website for office hours

**South Lake Pediatrics is not affiliated with any of these programs, and it disclaims any liability associated with use of these services.*